



2012/29/4

North Clwyd Animal Rescue

Registered Charity No. 515195

www.ncar.org.uk

Run 4 Rescue



10K Race and 3K Fun Run

29th April 2012

Mold Sports Centre

Mold, Flintshire, CH7 1HT

10K race under UKA/WA Rules RRC

£14.00 for unaffiliated members, £12.00 for affiliated

500 race limit Chip timed event

Pre & post event sports massage will be available

by Holistic Massage Therapies

Event photographer

Goody bags will be available for children registered for the fun run and for 10k runners registered before the 9th April

Online registration at www.runwales.com

£5.00 for Fun Run

All monies raised will fund kennel refurbishment for our dogs

Dog tags for all finishers



Thank you to the kind businesses for supporting this event



www.realbuzzrunbritain.com



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